



wellspring

Calgary

A Lifeline to Cancer Support

Media Kit

2017

*A cancer diagnosis can be devastating. It brings countless life-altering moments and events for the people who receive the diagnosis and for those who love them. People with cancer are compelled to find a 'new normal' as priorities shift and relationships change. Life is ... different. Wellspring Calgary exists to inform, support and empower cancer patients, families and primary caregivers by helping them to address the fear, isolation, disruption and practical problems which cancer brings to their lives.*

*Wellspring Calgary is a community support centre offering emotional, social and informational support, free of charge to individuals, families and caregivers living with cancer.*



*“Wellspring is a hard place to walk into, but it’s easy to stay.”*

*– Wellspring Calgary Member*

---

## ABOUT WELLSPRING

### **Mission**

Wellspring Calgary is a warm and welcoming community that provides a comprehensive range of support, resources and programs so anyone living with cancer and the people who care about them can improve the quality of their lives.

### **Vision**

No one has to face cancer alone.

### **Mandate**

Wellspring Calgary is a charitable organization that supports, informs and empowers those diagnosed with cancer by helping them address the fear, isolation, disruption and practical problems cancer can bring to their lives.

Wellspring Calgary provides a comprehensive range of programs, resources and supports for people living with cancer, their families and primary caregivers.



## FAST FACTS

**History:** Wellspring Calgary was co-founded by John Stephure, Rita Egizii and Barbara Cunnings-Versaevel and began operation in 2007.

### Centres:

**Carma House NW:** Wellspring moved into its first permanent home Carma House in 2009. This home was built and donated by local business Carma Developers (now Brookfield Residential), a major sponsor and donor.

**Fountain Court SE:** Wellspring's second location opened in the fall of 2016 and is a temporary centre until Wellspring builds its second permanent home – Wellspring Calgary Randy O'Dell House in the community of Seton.

**Network:** Wellspring Calgary is modeled after and is an affiliate of Toronto-based Wellspring Cancer Support Foundation. A network of supportive cancer care centres, Wellspring provides emotional, social, spiritual and informational support to individuals and families living with cancer.

**Members:** Anyone over 18 years of age who has had a cancer diagnosis of any type and their primary caregivers are welcome to become a Wellspring Calgary member free of charge, without referral and at any point on their cancer journey.

**Programs:** Wellspring Calgary freely offers social, emotional, spiritual, psychological and practical support through a variety of programs, resources and speakers. Currently, Wellspring offers roughly 40 evidence-informed programs and 40 plus speaker and house music events. Wellspring Calgary collaborates with and is endorsed by healthcare professionals in the supportive cancer care community.

**Funding:** Wellspring Calgary receives no government or agency core funding but relies solely on the generosity of individuals, corporations, foundations and grassroots fundraisers.

**Our Team:** The Wellspring Calgary team is made up of 8 FTE staff, 70 facilitators, and more than 170 volunteers, who together make Wellspring Calgary possible. Each year, volunteers donate about 10,000 hours of service.

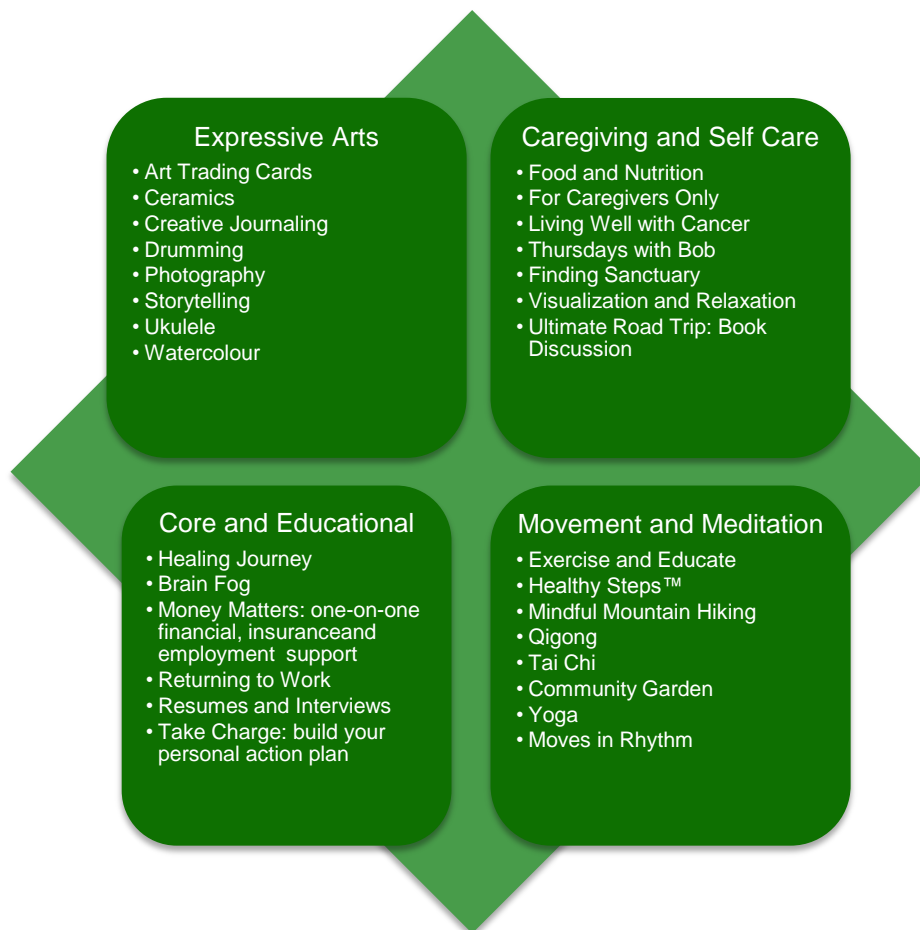
**Other Centres:** Currently there are nine Wellspring centres across Canada.

**Events:** Wellspring Calgary hosts or benefits from several annual fundraisers including: Light It Up Calgary, Firefighter Stairclimb Challenge, Toupee For a Day and Cancervive.

---

## WHAT WELLSPRING CALGARY OFFERS

Wellspring Calgary offers different programs throughout each season. Some programs to choose from include:



Wellspring Calgary also offers:

- ❖ **Speaker Series:** Speaker events are open to the general public
- ❖ **Young Adult Programming:** Wellspring Calgary is proud to provide a specific stream of programs for young adults (18 to 39 years old)
- ❖ **South Calgary Programs:** Wellspring Calgary is now providing limited programs at various south Calgary locations.





“Wellspring Calgary enabled me to move on from being a cancer patient to someone experiencing great joy and appreciation for my current well-being.”

- Wellspring Calgary Member

“Through Wellspring friendships I am reminded every day that I am truly not alone on this journey.”

- Wellspring Calgary Member



“At Wellspring I saw people my age with cancer and I was able to fit, able to feel, able to tell my story... I was not alone.”

- Wellspring Calgary Young Adult Member



## CONTACT INFORMATION

**Patti Morris, Executive Director**

Phone: 403.521.5292 ext. 301 | | Email: pattim@wellspringcalgary.ca

**Suzan Valenta, Director of Philanthropy**

Phone: 403.521.5292 ext. 306 | | Email: suzanv@wellspringcalgary.ca

**Karen Perron, Events Manager**

Phone: 587.747.0260 ext. 1005 | | Email: karenp@wellspringcalgary.ca

**Pat Fream, Communications Manager**

Phone: 403.521.5292 | | Email: patf@wellspringcalgary.ca

## ADDRESSES

**Wellspring Calgary**

1404 Home Rd NW  
Calgary, AB T3B 1G7  
(ph) 403.521.5292  
(fax) 403.521.5298

**Fountain Court**

#120 703 64 Ave SE  
(ph) 587.747.0260  
(fax) 1.587.747.0260

[www.wellspringcalgary.ca](http://www.wellspringcalgary.ca)

Follow **Wellspring Calgary** on:



[www.facebook.com/WellspringCalgary](https://www.facebook.com/WellspringCalgary)



@WellspringYYC



Wellspring Calgary