

Speakers (Open to the public - no charge)

Carma House (1404 Home Rd NW)

Legal and Employment Matters

Karen Tereposky & Kathleen Doyle-Linden
Legal and HR specialists outline the impact an absence from work can have on employment relationships. Clarify your legal rights.
Monday, Sept. 10 from 7:00 - 9:00 pm

Indigenous Paths In Healing: Stories, Opportunities and Beliefs

Jessie Fiddler-Kiss & Barb Horsefall,
Wisakejak Consulting
Wednesday, Sept. 19 from 1:00 - 3:00 pm

A Life Restored by Nature

Patrick W. Herzog, Wildlife Biologist,
Author, Cancer Survivor
Friday, Oct. 19
12:30 - 3:00 pm: includes a walk

House Music: Horizon Ridge Multi-Instrumentalists and Singers

Helen Goodchild, Dianne Quinton,
Peter May and Steve Goodchild
Friday, Nov. 2 from 7:00 - 9:00 pm

Navigating the Maze of Income Replacement Programs

Meghan Holub, MSW
Monday, Nov. 12 from 7:00 - 9:00 pm

Living Well: Ikigai, Joy and Purpose of Living

Trudy Boyle, Meaningful Life Educator
Friday, Nov. 16 (slideshow and speaker)
7:00 - 9:00 pm *Also see Living Well Retreat pg. 20.*

Cancer in the Family Context

Jennifer Pink, PhD, Psychosocial Oncology
Fellow, Dept. of Oncology, University of Calgary
Thursday, Nov. 22 from 7:00 - 9:00 pm

Bridge to Peace Threshold Choir

Enjoy a 'song bath'. The choir sings for and with those at life's thresholds.
Friday, Nov. 30 from 7:00 - 9:00 pm

Advanced Cancer Speakers (North)

Medical Assistance in Dying - 2 Years On

Dr. Jim Silvius, BA (Oxon), MD, FRCP
Wednesday, Oct. 3
7:00 - 9:00 pm at Carma House NW

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Fountain Court (#120, 703 - 64 Ave SE)

Diet and Cancer: Myths and Truths

Jennifer Black, RD
Thursday, Sept. 27 from 7:00 - 9:00 pm

House Music: Rick Lett - Guitar

Jazz, Folk Standards and Originals in the Mix.
Friday, Oct. 12 from 7:00 - 9:00 pm

Living with Neuropathy and Chronic Pain

Sylvia Donley, BScN, MN & Linda Petiot, BSc, CBAP
Tuesday, Oct. 16 from 7:00 - 9:00 pm

Depression: The Who, What, Where, When and What To Do About It

Rebecca Morrison, Bsc, BscN, IBCLC, MN: NP
Thursday, Nov. 1 from 7:00 - 9:00 pm

South Health Campus (4448 Front St SE)

Navigating the Maze of Income Replacement Programs

Meghan Holub, MSW
Wednesday, Oct. 10 from 1:00 - 2:30 pm
South Health Campus Wellness Centre

Food and Nutrition: For Cancer Treatment Recovery and People with Eating Challenges

Jennifer Black, RD & Melanie Ksienski, RD
Info Session: Thurs., Nov. 29, 11:00 am - 1:00 pm
Cooking Demo: Thurs., Dec. 6, 11:00 am - 1:00 pm
South Health Campus Wellness Centre

Highwood Memorial Centre (128 - 5 Ave W, High River)

A Life Restored by Nature

Patrick W. Herzog, Wildlife Biologist,
Author, Cancer Survivor. Dinner, speaker to follow.
Friday, Oct. 19 from 5:30 - 8:30 pm

Diet and Cancer: Myths and Truths

Jennifer Black, RD. Dinner, speaker to follow.
Wednesday, Nov. 21 from 5:30 - 8:30 pm

Advanced Cancer Speakers (South)

Conquering the Demons of Unrealistic Expectations

Paras Stephen Persad, MA; PTSD Specialist.
Wednesday, Oct. 24
7:00 - 9:00 pm at Fountain Court SE