

Kid Friendly

Family time is precious. Kids under the age of 18 are welcome to join you in the programs below. Ask us how to register your kids. For kids under 5, child minding is available. See pg. 2.

Carma House (1404 Home Rd NW)

Adventures in Art *(For school-age kids)*

Saturday, Jan. 19 - Sock Puppets

Saturday, Feb. 23 - Power Words

Saturday, Mar. 16 - Fun with Paint

Saturday, Apr. 13 - Kindness Rocks

all 1:00 - 3:00 pm

Children's and Parent's (or Grandparents, Aunts, Uncles) Program *(For school-age kids)*

Every week begins with a family meal, bringing you and the children in your life affected by cancer together. Providing education, support, information, communication & coping strategies. Thursdays, Feb. 7 - Mar. 28 from 5:30 - 7:30 pm

Drumming *(Drop In)*

Saturdays, Mar. 9 - Apr. 13 from 2:30 - 4:30 pm

Easter Meet & Treat Open House *(Drop In)* *(Open to the public)*

Saturday, Apr. 6 from 12:30 - 3:30 pm

Laugh Until it Helps *(Drop In)*

Saturday, Feb. 23 from 10:00 am - 12:00 pm

Yoga: For Families Workshop *(Drop In)*

(For school-age kids)

Saturday, Mar. 9 from 1:00 - 2:15 pm

Fountain Court (#120, 703 - 64 Ave SE)

Adventures in Art *(For school-age kids)*

Saturday, Feb. 23 - Fun with Paint

Saturday, Mar. 16 - Power Words

all 1:00 - 3:00 pm

Drumming *(Drop In)*

Saturdays, Jan. 12 - Feb. 23 *(No class Feb. 16)*

2:30 - 4:30 pm

Kalimba Meditative Thumb Piano *(Drop In)*

Saturday, Mar. 2 from 2:30 - 4:30 pm

Laugh Until it Helps *(Drop In)*

Saturday, Mar. 16 from 10:00 am - 12:00 pm

Yoga: For Families Workshop *(Drop In)*

(For school-age kids)

Saturday, Apr. 13 from 10:00 - 11:15 am