

Kid Friendly

Family time is precious. Kids under the age of 18 are welcome to join you in the programs below. Ask us how to register the kids in your life. For kids under 5, child minding is available. See pg. 2.

Carma House (1404 Home Road NW)

Adventures in Art *(For school-age kids)*

Saturday, Jan. 18 - Pet Rock Painting
Saturday, Feb. 8 - Treasure Box Collage
Saturday, Mar. 28 - Scratch Board Animals
Saturday, Apr. 18 - Watercolour Stamping
all 1:00 - 3:00 pm

Children's and Parents' (or Grandparents, Aunts, Uncles) Program

(For school-age kids) Family meal, connection, information and support (plus FUN).
Thursdays, Jan. 16 - Mar. 5 from 5:30 - 7:30 pm

Drumming *(Drop In)*

Saturdays, Jan. 18 - Feb. 29 *(No class Feb. 15)* from 3:00 - 5:00 pm

House Music: Old Time Guitar, Banjo and Mandolin *(Open to the public)*

Nathan Godfrey and Mike Tod on Friday, Feb. 28 from 7:00 - 9:00 pm

Qi-Joy Movement Workshop: For Families *(For school-age kids)*

Saturday, Apr. 25 from 1:00 - 2:00 pm

Randy O'Dell House (3910 Seton Drive SE)

Adventures in Art *(For school-age kids)*

Saturday, Jan. 25 - Pet Rock Painting
Saturday, Mar. 14 - Scratch Board Animals
all 1:00 - 3:00 pm

Drumming *(Drop In)*

Saturdays, Mar. 14 - Apr. 25 *(No class Apr. 11)* from 3:00 - 5:00 pm

House Music: Twin Fiddles: Barb Haney and Randy Jones *(Open to the public)*

Friday, Mar. 27 from 7:00 - 9:00 pm

House Music: Wild Rose Trio on Clarinet, Cello and Piano

(Open to the public)

Julie Jacques, Mary Hamm,
Liz Tremblay on Friday,
Jan. 31 from 7:00 - 9:00 pm

Kids in the Kitchen: Italiano

Saturday, Feb. 1
from 11:00 am - 12:30 pm

Yoga: For Families *(Drop In)*

(For school-age kids)

Every other Saturday,
Jan. 11 - Mar. 21
from 10:00 - 11:00 am

