

WELLSPRING

# PUBLIC PROGRAMS

August 2022 | Free & open to the public



## **CANCER IS MORE THAN CELLS GONE WRONG:**

**THE IMPACT OF CANCER ON THE FAMILY**  
Speaker: Dr. Nancy Moules  
Aug 10 | 6:30-8pm MST | Online

Dr. Moules describes her research into the impact on family members at many levels, even inter-generational, where cancer makes a mark and how we might mark that impact in positive and relational ways.



## **COMPASSION HOUSE**

Speakers: Kristine Morris  
Aug 17 | 6:30-8pm MST | Online

Learn more about Compassion House, an organization that helps with the cancer journey for women by providing safe, comfortable and affordable accommodations while undergoing treatment in Edmonton.



## **SMUDGING & MEDICINE WHEEL TEACHINGS:**

**INDIGENOUS LEARNING**  
Speaker: Chantal Chagnon  
Aug 18 | 10am-noon MST | Carma House  
Aug 15 | 10am-noon MST | Randy O'Dell House

The Medicine Wheel and Smudging are an integral part of many First Nations and Indigenous cultures throughout Turtle Island. Chantal shares the teachings, stories, history and science behind Smudging and the Medicine Wheel.



## **ART SAMPLING: VIRTUAL ART GALLERY**

Speaker: Kathie MacDuff  
Aug 18 | 7-8:30pm MST | Online

Wellspring Calgary members will show and comment on their artistic work, sharing their motivation, thoughts, and the background stories that inspired them.



## **EMBRACING THE DIGITAL ERA IN CANCER CARE:**

**MAXIMIZING THE BENEFITS OF MYAHS CONNECT**  
Speaker: Dr. Linda Watson  
Aug 22 | 6-7:30pm MST | Online

Learn more about Cancer Care Alberta's new electronic health record coming soon, called MYAHSCoNECT, where patients will have the opportunity to sign up for access to their own health information.



## **MEDICAL ASSISTANCE IN DYING (MAID)**

Speaker: Dr. Jackson Wu  
Aug 24 | 6:30-8pm MST | Online

End-of-life care and medical assistance in dying are important, complex and sensitive issues for individuals and their families. We invite you to learn together in a spirit of openness, courage, trust and respect.



## **FIVE THINGS YOU DIDN'T KNOW ABOUT CANADA'S MOST COMMON CANCER**

Speaker: Dr. John Walker  
Aug 25 | 6-7:30pm MST | Online

This educational presentation will review the burden of skin cancer in Canada, focusing on risk factors and preventative strategies. Dr Walker will be joined by Wellspring member Rob who will share his story as part of this speaker presentation.

### **OTHER PROGRAMS:**

**CAMPFIRE CLASSICS** | Fridays | 12:30-2pm MST | Carma or Randy O'Dell House  
**TIME WITH CINDY** | Aug 16 | 10-11:30am MST | Online  
**HOUSE MUSIC** | Aug 19 | 7-8:15pm MST | Carma House  
**OPEN MIC** | Aug 26 | 2-4pm MST | Online



**No one has to face cancer alone.**

For program info or to register go to [www.wellspringcalgary.ca](http://www.wellspringcalgary.ca) > Public programs or call 1-866-682-3135